



# Wings, Waves & Woods Festival

Deer Isle & Stonington, ME

May 17-19  
2019  
Schedule

## REGISTRATION

Contact Island Heritage Trust (IHT) at 207-348-2455 or [iht@islandheritagetrust.org](mailto:iht@islandheritagetrust.org); or register Friday, May 17, (3:00-5:00 PM) at Island Heritage Trust, and take a look at the Festival Art Exhibit in the barn, 420 Sunset Rd., Deer Isle.

Registration is \$35 and includes entry to all activities, except where fees are noted. Registration packets include: bird list, nature preserve info, maps, Island Guide, local coupons, the coveted WWW cap or reusable bag, *and* helps support next year's event. For boat trips allow *plenty* of time for parking and boarding, and dress *warmly!* For bad weather notices and program info/updates call IHT at 348-2455 or check the Wings, Waves & Woods Facebook page. **Limited** seating available for ticketed dinner on Friday evening.

**Want to come to just one or two activities? No problem--just show up! Suggested donation of \$5 per activity.**

## FRIDAY, MAY 17

### 11AM-1PM Natural History at Settlement Quarry Preserve

Ann Hooke was the “midwife” for this, IHT’s first preserve. She knows this place, its geologic, human, cultural and natural history, better perhaps, than anyone else. Join her for an informal walk and discussion, including a BYO picnic lunch, at this uber-scenic location. Settlement Quarry Preserve, Oceanville Rd, Stonington.

### 12-4 PM Swan's Island

Take a 50-minute boat ride to Swan's Island for a guided walk on Hockamock Head, a town-owned park that includes the Burnt Coat Harbor Lighthouse, nearly two miles of trails and access to two beaches. A spectacular setting. Along the way, look for great blue herons nesting on Eastern Mark Island. Dress *warmly* for an open boat. \$55 Old Quarry Ocean Adventures, 130 Settlement Rd, off Oceanville Rd, Stonington. **Reservations required, [iht@islandheritagetrust.org](mailto:iht@islandheritagetrust.org) or 348-2455.**

### 2-3 PM Introduction to Birding

IHT's Paul Miller offers an intro to binoculars, scopes and guidebooks; also, where and when to find birds, including in the old orchard right outside. Island Heritage Trust (IHT), 420 Sunset Rd (Rt 15A), Sunset.

### **2-3 PM Becoming a More Observant Naturalist**

Join naturalists Marnie and Ken Crowell for a walk at Shore Acres Preserve. To know a bird is to know its habitat. Take a close look at the plant species and habitat structure of this diverse preserve. This gentle walk is perfect for seniors, families and beginners. Park in Shore Acres parking area on Greenlaw District Rd., Deer Isle

### **3-5 PM WWW Registration and Festival Art Exhibit**

Info, registration, art exhibit and supper tickets available at Island Heritage Trust, 420 Sunset Rd (Rt 15A) Sunset.

### **5-7:30 PM Dinner and Birding Talk**

Come enjoy this catered, buffet dinner by Matthew Carter at St. Brendan the Navigator Episcopal Church on Rt. 15 in North Deer Isle. **Limited seating with advance tickets only**; \$26, includes tax/gratuity, appetizers, chicken and vegetarian options, dessert, coffee & tea. Must be seated by 5:30 PM for this special event. After dessert, professional birding guide and author Bob Duchesne will speak on *Habits and Habitats*, sharing tips the experts use for recognizing bird behaviors and habitat preferences, making it easy to identify birds more quickly. **Reservations required, [ih@islandheritagetrust.org](mailto:ih@islandheritagetrust.org) or 348-2455.**

### **8-9 PM Timberdoodle Time**

Join Gordon Russell and Jane Rosinski for an evening seeking elusive and secretive American Woodcock as they vocally “peent” and perform their unique spiraling flights to attract a mate. Also enjoy listening for thrushes, sparrows and the distinctive calls of Spring Peepers that brighten the spring twilight. Bring flashlights and listening ears. Mariners Memorial Park, Morey Farm Rd (off Sunshine Rd, just east of junction of Rt 15), Deer Isle.

## **SATURDAY, MAY 18**

### **7-9 AM Pressey Village Bird Walk**

Bonnie Bochan will lead a walk in this mixed habitat neighborhood that has proven to be a hotspot for migrants: Orioles, Scarlet Tanager, and *many* warblers. 94 Pressey Village Rd, Deer Isle.

### **7-8:30 AM Scott’s Landing Bird Walk**

Join Bob and Sandi Duchesne at this 22-acre preserve, a birding favorite. Brushy habitat, hardwood stands and a tidal shore offer diverse species. Scott’s Landing Preserve, opposite Causeway Beach, Rt 15, N Deer Isle.

### **9AM-4 PM Bird's Eye View Flights**

Penobscot Island Air (FAA certified air taxi) offers 20-min flights--wherever you want to go! Excellent visibility. Scheduled every half hour; no reservation needed \$40pp. Stonington airfield, Airport Rd, Stonington. FMI call 367-5885.

### **10-11 AM Flock to Pilgrim’s Inn**

Join fellow birders at Pilgrim’s Inn for bird-friendly coffee/goodies (\$5 please) and an informal discussion of sightings made and anticipated; spacious grounds border a mill pond and feature heirloom orchard trees and kitchen gardens: a birder’s delight. 20 Main St, Deer Isle; 348-6615.

### **9:30 AM-2:30 PM Pelagics and Puffins**

Mike Little guides a trip through the archipelago to remote Seal Island National Wildlife Refuge, nesting site for thousands of pelagics: Atlantic Puffins, Arctic and Common Terns, Great Cormorants, Razorbills and Murres. We may also spot Gannets, Wilson's Storm Petrels, Shearwaters, seals, dolphins and possibly whales en route. While landing is not permitted, there will be ample opportunity for viewing and photographing. \$70pp, Dress *warmly* for an open boat on the ocean. Depart Old Quarry Ocean Adventures, 130 Settlement Rd, off Oceanville Rd, Stonington. **Reservations required, [ih@islandheritagetrust.org](mailto:ih@islandheritagetrust.org) or 348-2455.**

### **11:30 AM-12:30 PM Owls of Birdsacre**

The staff of the Birdsacre - Stanwood Wildlife Sanctuary in Ellsworth bring some of their owls to the barn at Island Heritage Trust. An unusual opportunity to see these nocturnal creatures up close; learn about the differences between the diminutive Saw-Whet, the dark-eyed Barred Owl and the powerful Great Horned Owl. Island Heritage Trust Barn, 420 Sunset Rd (Rte. 15A), Sunset.

### **11:30 AM-1:30 PM Drop-In Chowder & Popovers at Rabbit Hill Farm**

Enjoy treetop birding while dining on piping hot popovers, Crockett Cove clam or root vegetable chowder, rhubarb crisp and organic cider. Bring the whole family; hike to shore, walk to Rabbit Island or explore the Crockett Cove Woods Preserve. More information at: [www.cherylwixsonskitchen.com](http://www.cherylwixsonskitchen.com) 148 Barbour Farm Road, Stonington. Barbour Farm Road is 1.8 miles beyond Island Heritage Trust heading to Stonington. Rabbit Hill is 1 mile in the woods, at the very end. Parking is limited. 207-367-5003

### **1-2:30 PM Lighthouse and Wildlife Cruise**

Join Capt Garrett Aldrich and Bob Duchesne for a guided cruise around the island-studded Deer Isle Thorofare, including Mark Island lighthouse, and several seabird nesting sites. Isle au Haut Boat Company; \$35 pp (minimum of 12 needed); free parking and departure at the foot of Seabreeze Ave, Stonington. **Reservations required, [ih@islandheritagetrust.org](mailto:ih@islandheritagetrust.org) or 348-2455.**

### **1:30-2:30 Something BIG is taking flight! The Maine Bird Atlas (2018-2022)**

The Maine Department of Inland Fisheries and Wildlife (DIFW) launched the "Maine Bird Atlas" in 2018 - a statewide project to document all species of birds that call Maine home during the summer and winter months. Join Glen Mittelhauser, Atlas Project Coordinator, for this informational talk on the background and objectives of the atlas and to learn how easy it is for YOU to contribute to this landmark project. Island Heritage Trust (IHT), 420 Sunset Rd (Rt 15A), Sunset.

### **2-4 PM Shore Habitat Walk**

Gordon Russell and Jane Rosinski guide a walk down a quiet lane to beaches and marsh for a variety of birds such as Greater Yellowlegs and Black-bellied Plover on a receding tide. Also watch for Common Eider and Black Guillemots out at sea. Park and meet at Sunset Congregational Church on Route 15A at junction of Dunham Point Rd.

### **7-8:30 PM Tracking the Winter Journeys of Maine's Great Blue Herons**

Did you ever wonder where Maine's Great Blue Herons go in winter? In 2016, five adult Great Blue Herons were outfitted with lightweight GPS tracking devices, then released to allow researchers to follow their movements during nesting, migration, and wintering. Two of the five Maine birds migrated to Florida, one to the Bahamas, one to Cuba, and one flew all the way to Haiti! Join Biologist Danielle D'Auria to learn about these majestic

birds, how over 100 volunteers have been monitoring their colonies for the past 10 years, and how students are integral to tracking their movements within and beyond Maine's borders. Stonington Town Hall, second floor. Handicap access at rear of building. Suggested donation \$5.

## **SUNDAY, MAY 19**

### **7-8:30 AM Settlement Quarry Bird Walk**

Paul Miller & Gordon Russell lead a walk at this scenic, historic granite quarry overlooking Webb Cove. Abundant species in mixed woodland habitats and saltwater marsh. Settlement Quarry Preserve, Oceanville Rd, off Rt 15, Stonington.

### **7-9 AM West Side Bird Walk**

Join Bob & Sandi Duchesne to explore a private property that includes meadow, woods, fresh water and shore. Such diverse habitats promise some great birding! From Route 15 in N. Deer Isle, turn onto Gilmore Lane (about .3 miles north of The Galley and high school). Follow signs to bird walk parking.

### **9-11 AM Landscaping for Wildlife: Birds and Butterflies**

Professional landscapers Bonnie Bochan and Guillermo Diaz, who specialize in bird and butterfly gardens, offer a workshop at their home where they are landscaping for wildlife. Discuss creating gardens, share resources and also look at native species important for wildlife on the property. Bring binoculars; carpooling encouraged. 94 Pressey Village Rd.

### **8:30-10:30 AM Pop-Up Bakery Market at Fox Den Delicacies**

Visit this home bakery/confectionery to stock up on breakfast treats like blueberry streusel, sweet & savory cheese braid, scones and cinnamon spice roll; also trail snacks like homemade granola bars and peanut brittle. Alice always sells out at the farmers market—you'll see why! Parking is tight, carpooling encouraged. 406 Oceanville Rd, Stonington; 1.4 mi beyond Settlement Quarry.

### **10 AM-12:30 PM Maine Birds Tote Bag**

"Make-and-Take" your own Maine birds tote bag (choose from our several bird options or create your own design) using batik fabrics and simple fusible applique techniques. All materials provided. Suitable for all ages; no experience or sewing necessary! Donations to IHT welcome. Workshop at corner of Arvard Road/4 Waterview Drive, Stonington. Register at [shyrel@prodigy.net](mailto:shyrel@prodigy.net).

### **10 AM – 3 PM Puffins & Pelagics**

Join Bob Duchesne on the Isle au Haut Company ferry for a trip through the archipelago to remote Seal Island National Wildlife Refuge; see Saturday description. \$70 pp; free parking and departure at the foot of Seabreeze Ave, Stonington. **Reservations required, [iht@islandheritagetrust.org](mailto:iht@islandheritagetrust.org) or 348-2455.**

### **11 AM -2 PM A Brief Moment in Time: Bird Photography Made Easy**

Join Bar Harbor field ornithologist Michael Good, owner of Down East Nature Tours and Founder of Acadia Birding Festival, for a two-part program beginning with a short lecture at the IHT headquarters about digital SLRs, interchangeable-lenses and working in the digital darkroom, followed by a bird walk at SW Harbor near Dunham's Point. Participants will learn some tricks used in the field to capture the best bird photos. Digital photography has become a major tool for collecting accurate and irrefutable

images as baseline data used by researchers, scientists and for eBird. Island Heritage Trust, 420 Sunset Road (Rt 15A).

**11:30 AM-1:30 PM Drop-in Chowder & Popovers at Rabbit Hill Farm**

See Saturday description. 148 Barbour Farm Road, Stonington, Maine 367-5003 for questions.

**1-2 PM Wild Medicinal Plants of Deer Isle**

Come for a walk at Scott's Landing Preserve with community herbalist Brigid Doherty. Brigid is the founder of The Solidago School of Herbalism, located on Deer Isle. On this walk you will learn how to identify, ethically harvest and prepare medicinal plants, to nourish health and heal common ailments. All ages are welcome. The trails may be wet or muddy. We will walk rain or shine.

**2-3 PM Found Object Sculpture**

Peter Beerits demonstrates how he makes bird sculptures from "junk" at his studio located at Nervous Nellie's Jams & Jellies. Using scrap wood and metal, Beerits captures the essence of birdness in unexpected ways. 598 Sunshine Rd, Deer Isle. 348-6182.