







MAY 19 -21

Join us for our 15th year of Island Heritage Trust's Wings, Waves & Woods Festival in Deer Isle and Stonington, Maine!

A fun and educational weekend for bird and nature lovers of all ages and levels of experience.

GET REGISTERED!

Explore the below Schedule of Events

Choose which events you would like to be a part of!
Registration for Webinar, Boat Trips, Birder's Dinner, and Birdhouse Building
 is required at islandheritagetrust.org/wings-waves-woods
In-Person Walks & Talks do not require individual registration.

MAKE YOUR CONTRIBUTION

Donate at any event or online at islandheritagetrust.org/wings-waves-woods

> Please donate a minimum of \$5 per Walk & Talk that you attend.

> Make a minimum donation of \$35 and receive a Wings, Waves & Woods Cap or a Reusable Tote Bag!





THANK YOU TO OUR SPONSORS!



DOWNEAST AUDUBON

Downeast Audubon educates and engages the people of Hancock County, focusing on birds, other wildlife, and their habitats for the benefit of local communities and their natural environment. Downeast Audubon has been a chapter of Maine Audubon since 1971. We are a nonprofit membership organization, including Maine Audubon's members within Hancock County. Home to Acadia National Park, forests, wetlands, blueberry barrens, and miles of rocky ocean and island habitat, Hancock County supports diverse species of birds and wildlife. The area offers excellent opportunities for enjoying nature, birding, outdoor recreation and wildlife observation and study.

www.downeastaudubon.org



Boyce's Motel is located in the heart of the scenic fishing village of Stonington. Established in the early sixties, Boyce's Motel has welcomed over five decades of new and repeat guests to the warmth and comfort of our family-run business. Overlooking beautiful Stonington Harbor, we are within walking distance of restaurants, gift shops, the Isle au Haut mail boat, and the Stonington Opera House.

www.boycesmotel.com



DownEast Nature Tours, the leader in birding adventures based in Bar Harbor, Maine. Michael J. Good, MS has been offering personalized birdwatching and nature tours since 1993, for individuals, couples, families and small groups. We help you discover the flora and fauna of Mt. Desert Island and Down East and northern Maine with a special emphasis on native and migratory birds such as Bald Eagles, Osprey, Peregrine Falcons, Shorebirds, Warblers, Flycatchers and more. www.downeastnaturetours.com/



THANK YOU TO OUR COMMUNITY EVENT SUPPORTERS!



Osprey's Echo Sea Kayaking is hosting a unique opportunity to appreciate the birds and other wildlife in the Stonington archipelago. Seeing the wildlife from the quiet and relaxing bow of a kayak can be a dreamlike opportunity to see bald eagles, osprey, guillemot, cormorant, and a number of other interesting natives, including local nesting habitats. Osprey's Echo will be providing the services of an experienced kayak guide who has a deep knowledge of the area and history of our beautiful island. https://ospreysecho.com/



Nellieville, or Nervous Nellie's, is an eclectic campus covering several acres in an idyllic island setting, a one-time homestead and heirloom orchard at the edge of a spruce forest. We make about 300 jars of jam a day by hand year-round in the jelly kitchen--a tiny white Cape cottage--using mainly Maine fruits. Peter's sculpture workshop is a former general store that was moved here in several large pieces on a flatbed truck (early one morning before the school buses got running). www.nervousnellies.com/about-us/



The Solidago School of Herbalism is dedicated to building relationships between humans and plants. In doing so, we restore herbal medicine as people's medicine. We inspire participants to find power in their health and healing as they connect with plant allies.

www.solidagoherbschool.com/about





2023 SCHEDULE OF EVENTS

All Events Are Subject to Change. Keep up to date on our website: islandheritagetrust.org/wings-waves-woods

Tag us on Facebook or Instagram @islandheritagetrust and use #WingsWavesWoods2023 to share the WWW Festival from your perspective and connect with other participants!

THURSDAY MAY 18

4:00 PM - 5:00 PM Friends From The Field Webinar: Maine Is Weird! Why Maine Has So Many Birds

Join Blue Hill Heritage Trust and Island Heritage Trust for another Friends from the Field Webinar!

Bob Duchesne is a birding guide, author, and spearheaded the creation of the Maine Birding Trail. Bob writes weekly birding columns in the Bangor Daily News and produces YouTube videos about birding in Maine and beyond.

Maine's peculiar history explains why the state has so many birds. Some surprising reasons date back 300 million years. Others are brand new. Register at the link above the schedule to attend this online this webinar!







FRIDAY MAY 19

11:00 AM - 1:00 PM Natural History Walk Settlement Quarry Preserve, 191 Oceanville Rd, Stonington

Join George Fields from Blue Hill Heritage Trust for an inspiring walk at a protected, abandoned quarry to learn about geologic, human, cultural and natural history. Bring binoculars, a bag lunch, and enjoy the scenic views!

2:00 PM - 3:00 PM. Found Object Sculpture 598 Sunshine Rd, Deer Isle

Peter Beerits demonstrates how he makes bird sculptures from "junk" at his Nervous Nellie's Jams & Jellies studio. Using scrap wood and metal, Beerits captures the essence of birdness in unexpected ways.

3:00 PM - 5:00 PM Happy Hour Welcome 420 Sunset Rd, Deer Isle

Pick up a bird guide and binoculars or just stop in to say "Hi." The WWW hat and reusable bags will be available for purchase. Stick around to learn from Jonah Levy's talk (below) to follow directly after Happy Hour Welcome.

5:00 PM - 6:00 PM 30-Year Bird Project Presentation 420 Sunset Rd, Deer IsleNearly 30 years ago, a team of bird researchers began studying and documenting the impact of commercial forestry on bird populations, for the first time, in Maine. Researcher, Jonah Levy, joins the festival with a presentation in the Island Heritage Trust barn where they will be reporting on thirty years of change in forest management and boreal bird communities in Northern Maine's commercial forests, the largest tract of forest east of the Mississippi.

7:30 PM - 8:30 PM Timberdoodles and Night Flights Fire Road 506A, Deer Isle Join Gordon Russell and Jane Rosinski for an evening seeking the elusive and secretive American Woodcock as they vocally "peent" and perform their unique spiraling flights to attract a mate. Also enjoy listening for thrushes, sparrows, and other night migrants. This walk will take place at Mariner's Memorial Park, owned by the Evergreen Garden Club; Bring flashlights and listening ears. Coordinates: 4.214873709308556, -68.67016451828647







SATURDAY MAY 20

7:00 AM - 9:00 AM Pressey Village Bird Walk 94 Pressey Village Road, Deer Isle Bonnie Bochan leads a walk in this mixed habitat neighborhood that has proven to be a hot spot for migrants: Orioles, Scarlet Tanager, and many warblers.

7:00 AM - 9:00 AM Settlement Quarry Bird Walk Settlement Quarry Preserve, 191 Oceanville Rd., Stonington

Join Bob and Sandi Duchesne for this walk to help beginning birders improve their birding-by-ear skills, including tips for recognizing and remembering what you hear.

7:30 AM - 9:00 AM Scott's Landing Bird Walk 823 North Deer Isle Rd, Deer Isle Leslie Clapp explores the 22-acre Scott's Landing Preserve, a birding favorite: brushy habitat, hardwood stands, and a tidal shore offer diverse species. This guided bird walk will take advantage of the morning's peak birding hours. Bring a coffee and an appetite for adventure.

9:00 AM - 12:00 PM Chase Emerson Memorial Library 17 Main St, Deer Isle

The Deer Isle library loves celebrating the Wings, Waves & Woods Festival! Stop in and pick up your free copy of Maine Audubon's "A Maine Birds Checklist for Young Birders." These terrific handouts are a great way for young birders to get started. You can enjoy our Adirondack chairs on the deck and watch for birds, or just enjoy the view!

9:30 AM - 11:00 AM Bird Photography Walk 823 North Deer Isle Rd, Deer Isle Michael Good of Down East Nature & Birding Tours will explore IHT's 22-acre Scott's Landing Preserve. A birding favorite: brushy habitat, hardwood stands, and a tidal shore offer diverse species. Michael will help to strengthen your field identification and photographing skills, while the group captures photos of neotropical migrants. Cameras not provided.

11:00 AM - 12:00 PM SPL Story Time at the IAH Boat Company Dock 27 Seabreeze Ave, Stonington

Captain Garrett Aldrich reads Robert McCloskey's Maine classic, Burt Dow, Deep-Water Man. Step aboard the Otter, one of the Isle au Haut Boat Services vessels, for a short spin in Stonington Harbor and a whale of an adventure. Space is limited to 50. Reservations recommended. Email stonington.public.library@gmail.com to reserve your spot. Depart Isle au Haut Boat Services, 27 Seabreeze Avenue, Stonington.







SATURDAY MAY 20 CONTINUED

11:30 AM – 1:30 PM Boat Shuttle to Campbell Island Reach Beach at Gray's Cove, Deer Isle *THIS EVENT IS FULL*

Enjoy a short, guided boat ride and hike with experienced bird guides, Gordon Russell & Jane Rosinski. Island Heritage Trust is partnering with Maine Island Trail Association to shuttle small groups to and from Campbell Island! There will be plenty of opportunities to explore an uninhabited island and MORE. Participants must be physically able to board a small motorboat. Life vests will be provided. Limited spots are available; **\$10 per person. Phone Registration Required.** Call IHT Office at 207-348-2455. More information will be provided upon registry.

12:00 PM - 2:00 PM Thoroughfare Lighthouse Cruise 27 Seabreeze Ave Stonington Photographers, Michael Good and Sandra Mitchell will be aboard to draw attention to potential bird sightings, and Captain Garrett Aldrich will share history and anecdotes as we tour the Stonington Archipelago. From the Isle au Haut Boat Service Landing, the cruise will go up to Barred Island, to Eagle Island light, and then back to seal ledges ending at Mark Island light. Depart from Isle au Haut Boat Services. Online Registration Required. \$60 per person.

2:00 PM - 3:00 PM Spanish Storytelling with Joshua McCarey 420 Sunset Rd Deer Isle "Lo Que Los Animales Me Dicen" is an interactive and immersive Spanish Storytelling performance for all ages by storyteller Joshua McCarey. Join us at the Island Heritage Trust barn for this enchanting, educational experience. Costume Design: hanna b. designs. Original Music: Meg Chittenden and Joshua McCarey

3:30 PM - 4:30 PM Faster Bird Identification Workshop 420 Sunset Rd. Deer Isle.Join Bob and Sandi Duchesne to learn how to use visual clues that anyone can master to quickly identify birds. Learn what to look for in just a few minutes.





SATURDAY MAY 20 CONTINUED

Birder's Dinner & Great Blue Heron Tracking Project Presentation with Danielle D'Auria

St. Brendan the Navigator Episcopal Church 627 N Deer Isle Rd Deer Isle

THIS EVENT IS FULL

5:00 PM - 6:30 PM Birder's Dinner is Served

Limited seating available with an advance ticket for \$55 per person which includes appetizers, a dinner option of baked haddock, turkey dinner, or vegetarian curry, dessert, refreshments, and tax/gratuity.

6:30 PM - 6:45 PM Opening Poetry by Marnie Reed Crowell

Local conservationist, natural history writer, and poet Marnie Reed Crowell will open our evening presentation by sharing some poems from her most recent poetry book, "Outside" - a collection inspired by the protected lands of Deer Isle - Stonington. *Get your own copy of Outside with a minimum \$20 donation to Island Heritage Trust!*

6:45 PM - 7:45 PM Tracking Maine's Great Blue Herons Beyond State Lines

Danielle D'Auria is the MDIFW Waterbird Biologist and focuses on statewide populations of colonial wading birds, secretive marsh birds, black terns, and loons, as well as land management issues affecting wetland habitats.

Great blue herons are familiar birds to most of us, and often seen wading in the shallows looking for something to eat. Do you wonder where these graceful flyers go when they take to the air? Through the use of solar-powered GPS transmitters, we can now follow their movements closely to uncover their nest sites, foraging habitats, migration patterns, and wintering areas. In 2022, Maine Inland Fisheries and Wildlife tagged a great blue heron in Deer Isle with the help of students from the Deer Isle-Stonington schools and volunteers with the Island Heritage Trust. Come hear the story of Mariner (named by the students), and discover the habits of one "local" heron. You will journey with her from her nesting colony to her wintering grounds and back. By comparing and contrasting her movements with several other tagged herons, we'll get a glimpse into a year-in-the-life of a great blue heron.







SUNDAY MAY 21

7:00 AM - 9:00 AM West Side Bird Walk Gilmore Lane, Deer Isle

Join Bob and Sandi Duchesne to explore a private property that includes a meadow, woods, fresh water, and shore. Such diverse habitats promise some great birding! From Route 15 in N. Deer Isle, turn onto Gilmore Lane (about 0.3 miles north of The Galley and high school). Follow signs to bird walk parking.

9:30 AM - 10:30 AM Beginner Birder's Walk DISES School Nature Trail, 249 N Deer Isle Rd, Deer Isle

Join educator, Mickie Flores, and student, Naomi Duke, for a family-friendly adventure at the Deer Isle Stonington Elementary School Nature Trail. No experience needed! We are aiming for learning and fun. Bring binoculars! *Trail entrance is straight back, past tennis courts*.

9:30 AM - 10:30 AM Landscaping for Wildlife 94 Pressey Village Rd Deer Isle Professional landscapers Bonnie Bochan and Guillermo Diaz, who specialize in bird and butterfly gardens, invite you to this workshop! Discuss creating gardens, share resources, and look at native species that are important for wildlife on the property. Bring binoculars; carpooling encouraged.

10:00 AM - 2:30 PM Pelagics and Puffins Cruise 27 Seabreeze Ave, Stonington *THIS EVENT IS FULL*

Take a trip with birders Bob and Sandi Duchesne and naturalist photographer, Sandra Mitchell through the archipelago to remote Seal Island National Wildlife Refuge, a nesting site for thousands of pelagics, puffins, arctic and common terns, great cormorants, razorbills, and murres. We may also spot gannets, Wilson's storm petrels, shearwaters, seals, dolphins, and possibly whales en route. While landing is not permitted, there will be many opportunities for viewing and photographing. Dress warmly for an open boat on the ocean. Depart from Isle au Haut Boat Services. **Online Registration Required. \$75 per person.**







SUNDAY MAY 21 CONTINUED

10:00 AM - 11:00 AM Wild Medicinal Plants of Deer Isle 823 N Deer Isle Rd, Deer Isle Come for a walk with community herbalist Brighid Doherty at Scott's Landing Preserve in Deer Isle. Brighid is the founder of The Solidago School of Herbalism, located on Deer Isle. On this walk, you will learn how to identify, ethically harvest, and prepare medicinal plants.

11:00 AM - 12:00 PM Birdhouse Building 420 Sunset Rd, Deer Isle

End the festival with IHT Environmental Educator, Martha Bell, and Charlie Cannon of Holbrook Island Sanctuary in the Island Heritage Trust barn for bluebird house building! Kits generously donated by Holbrook Island Sanctuary. Limited spots. **Phone Registration Required. Call the IHT Office at 207-348-2455.**

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Tag us on Facebook or Instagram @islandheritagetrust and use #WingsWavesWoods2023 to share the WWW Festival from your perspective and connect with other participants!

Email nruth@islandheritagetrust.org with any questions.





ISLAND COMMUNITY HAPPENINGS

FRIDAY, MAY 19 - SUNDAY, MAY 21

9:00 am and 1:00 pm start times Osprey Echo Sea Kayaking

Osprey's Echo invites you on an adventure with an experienced kayak guide who has a deep knowledge of the area and history of this beautiful island. Seeing the wildlife from the quiet and relaxing bow of a kayak can be a dreamlike opportunity, especially for birding. **Register at www.ospreysecho.com**

- \$50 a person (including free wetsuit rentals)
- The tours will be a mellow paddle of Webb's Cove or the nearby area, highlights will be some of the known bird nests in our area as well as other wildlife.
- Some expected bird sightings: Osprey, Bald Eagle, Guillemot, Seagull, Cormorant, and many more
- It is also Seal pup season, so there is a decent chance of seeing seals (from an appropriate distance)
- Tour size can be up to 10-12 people
- All paddling gear is included

SATURDAY, MAY 20

9:00 AM - 12:00 PM Evergreen Garden Club Plant Sale Old Deer Isle Elementary School

The plants for this annual sale are grown by Evergreen Garden Club members. Plants include perennials, veggie seedlings, flower seedlings, fruit trees, and herbs. The funds raised will help support Mariners Memorial Park for another year's worth of mowing, insurance, road repair, and maintenance. A raffle will also be held. Old Deer Isle Elementary School is across from the Congregational Church, Route 15, Deer Isle. Rain site is Deer Isle Town Hall.

SATURDAY, MAY 20 & SUNDAY, MAY 21

10:00 AM - 2:00 PM Rabbit Hill Tulip Show 148 Barbour Farm Road, Stonington

Nestled in the treetops, Rabbit Hill Farm overlooks Crockett Cove and eastern Penobscot Bay. Watch osprey, eagles, woodpeckers, hummingbirds, and warblers from the expansive decks. Tour the farm and view more than 800 tulips in full regalia, visit with baby rabbits, hike to Rabbit Island and explore the 200-acre Crockett Cove Woods Preserve. Bring a picnic and enjoy fun for the whole family!

For more information or questions call: 207.367.5003 or visit cherylwixsonskitchen.com

