**TUES. JUNE 18 MEDICINAL PLANT WALK**
9:00-10:30am Scott’s Landing Preserve
Come for a walk with local herbalist Brighid Doherty at Scott’s Landing, and learn how plants are used to nourish health and heal common ailments. Brighid will explain how to identify, ethically harvest, and prepare medicinal plants. Different plants will be addressed every month, as they reach prime harvest time. Dandelion, plantain, yarrow, hawthorn, rose, valerian and hypericum are among the many plants that will be discovered through the season. All ages welcome. For more information: 348-2455. We will walk rain or shine.

**TUES. JUNE 18 PUFFIN & PELAGIC BOAT TRIP**
1:00–6:00pm Depart Old Quarry Ocean Adventures
Enjoy a trip through the archipelago to remote Seal Island National Wildlife Refuge, a nesting site for thousands of pelagics: Atlantic Puffins, Arctic & Common Terns, Razorbills and Murres. We may also spot Gannets, Wilson’s Storm Petrels, Shearwaters, seals, dolphins, and possibly whales en route. No landing, but ample opportunity for viewing and photographing. $75 mem./$85 non-mem. Reservations & prepayment required: 348-2455.

**THURS. JUNE 20 IF A STONE COULD TALK: POETRY WRITING WORKSHOP WITH ANN VAN BUREN**
9:00-12 noon Settlement Quarry Preserve
Rain Date June 21
Learn where nature meets history at Settlement Quarry and its trails. Be inspired by poems about the grandeur of American cities, many of which were built from Deer Isle stone. Delve into poems about pristine nature and the human touch. Use a variety of writing prompts to create your own poetry. Share your work with fellow writers. Everyone welcome to this collaborative, supportive experience. Meet at trail-head kiosk at 9AM sharp. Bring water, sturdy shoes, sunscreen, a notebook and pen. Workshop limit: 10. Donations welcome in support of IHT.

**SUN. JUNE 23 ISLAND CLEAN UP SEA KAYAKING TRIP**
Join us for a full-day, sea kayak trip to IHT’s Wreck and Round Islands. Walk the shore of both islands collecting litter. This free, guided trip will include boats and other paddling gear. No paddling experience necessary; we’re happy to instruct as time permits. Plan to paddle for 8-10 miles; walk up to 2 miles. Want to clean up, but not paddle? A small motor boat will ferry up to 6 people. Space limited; please sign-up early: 348-2455.

**SAT. JUNE 29 TREE IDENTIFICATION**
1:00PM MARINERS PARK RAIN DATE JUNE 30
Join Val Libby, retired professor of landscape history and horticulture at Temple University, and active Blue Hill volunteer, for a program on tree identification.
poem-making is necessary.

TUES. JULY 2 KIDS IN NATURE: TERRIFIC TREES AND SUPER SHRUBS
10:00am Shore Acres Preserve
Let’s play leaf Bingo. Maples, oak and birch will just be the beginning. Which insects like which plants? Are there animal signs close by? There are discoveries to be made. Come join the fun!

TUES. JULY 9 KIDS IN NATURE: LOW TIDE WONDER
10:00am Causeway Beach
Come explore the shore where the sea’s treasures are revealed. Snails, clams and crabs may be hidden under mud or seaweed, until they are spotted by YOU! Discover what lives at the edge of the sea.

WED. JULY 10 OLD MAPS: WAYS TO VISUALIZE, NAVIGATE, AND DOCUMENT YOUR COMMUNITY
4:30–5:30pm IHT Heritage House Barn
Join Bert Yankielun, research engineer, artist, and igloo builder, for a non-technical, slide-talk intended for those curious about the intersection of history, topography, cultural land use evolution, and general outdoor activities using maps. Bert will discuss free online, historical, digital maps: Google Earth, Global Positioning System (GPS) mapping, and Geographic Information Systems (GIS). Apply these resources to metal-detecting of historical artifacts. Ground Penetrating Radar (GPR) for locating grave sites also will be briefly described.

THURS. JULY 11 ISLAND HERITAGE TRUST ANNUAL MEETING
5:00–7:00pm St. Brendan’s Church
Members and Visitors Welcome! Wine and appetizers followed by business meeting. Guest speaker TBA.

FRI. JULY 12 GEOLOGY WALK
9:30am Pine Hill Preserve
Enjoy a walk at Pine Hill on Little Deer Isle, with Roger Hooke, University of Maine geologist, and Paul Miller, IHT’s Executive Director. Roger will unravel the geology of this site, while Paul will focus on the biology. The site is of great significance, particularly to botanists. The bedrock is peridotite with veinlets of serpentinite, a form of igneous rock, consisting primarily of the minerals olivine and pyroxene. It is relatively rare to see peridotite at the surface, since it comes from Earth’s mantle, a depth of over 30 km. It is the rock’s unusual composition that allows distinctive plant communities to grow, making Pine Hill a very special place.

SAT. JULY 13 BIRD WALK WITH PAUL ★
7:30–9:00am Scott’s Landing Preserve
Join Paul Miller, IHT’s Executive Director, for this regular monthly bird walk at Scott’s Landing. All levels and ages of birders welcome. If you need a pair of binoculars, the Trust has some to lend; just let us know ahead of time.

SAT. JULY 13 WILDFLOWER IDENTIFICATION PART 1 ★
1:00pm IHT Heritage House Barn
Join Val Libby for a wildflower identification workshop in which participants will learn how to use Newcomb’s Wildflower Guide (bring a copy if you have one) to identify wildflowers hands-on. Part 2 of this workshop will be held on Friday, August 9, at Scott’s Landing.

SAT. JULY 13 KIDS IN NATURE: FOREST FORTS
10:00am Lily Pond Park, Quacco Rd. entrance
Come play in the woods, building and making discoveries along the way. Simple forts will be constructed with sticks, leaves and other materials supplied by the natural world. Most important ingredient? Children’s imaginations – where the possibilities are endless!

TUES. JULY 16 MEDICINAL PLANT WALK
9:00-10:30am Scott’s Landing Preserve
See June 18 for details.

TUES. JULY 16 KIDS IN NATURE: SCAVENGER HUNT
10:00am Crockett Cove Preserve
Nature treasures will be discovered as we search the forested paths of Crockett Cove Woods. We will look under uprooted trees, down holes in the ground and under rocks for things hidden from immediate view. Join the fun!

WED. JULY 17 SWAN’S ISLAND BOAT TRIP
11:00am departure/4:00pm return Old Quarry Adventures
Rain Date: July 18
Swan’s Island is a beautiful, remote island off Bass Harbor, MDI, only 50 minutes by boat from Stonington. Once we arrive on the island we will walk to Burnt Coat Harbor Lighthouse, built in the late1800s. A tour of the lighthouse and keeper’s house will be followed by a picnic at Hockamock Head, with its stunning views. There will be an opportunity to hike one of many trails. Dress in layers; it can be colder on return trip. An optional brown bag lunch created by one of the locals will be available at additional cost. Inquire at sign-up. Group limited to 19. Reservations required: 348-2455. Cost: $65 per person.

THURS. JULY 18 PAINTING WORKSHOP
9:30am-12 noon Scott’s Landing Preserve
Rain Date Fri. July 19
Join Paul Trowbridge for an outdoor painting workshop at Scott’s Landing. Minimum of 4 students, max 12. Students need to bring their own materials. Any medium acceptable. Demo will be provided. Contact the artist for materials list: 359-8369.
SAT. JULY 20  TENNIS PRESERVE HISTORY WALK
9:30am-11:30am Tennis Preserve
Ann Hooke has been at the heart of Tennis Preserve stewardship for 20 years. You cannot walk here with anyone better informed about the natural history and human stories embedded in this 100-acre preserve. A rare opportunity to spend the morning with a gifted and enthusiastic teacher in her favorite element.

MON. JULY 22  MOHT BREAKFAST
6:00-8:00am 135 Sellers Rock Run
Join Marnie and Ken Crowell to celebrate National Moth Week. The Crowells will provide donuts or muffins. Guests are invited to bring their breakfast drink. Location: Crowells’ home adjacent to Barred Island Preserve, 135 Sellers Rock Run. Follow Goose Cove Rd. 1.5 mi. to Sellers Rock Run and go 0.6 mi. to end.

TUES. JULY 23  KIDS IN NATURE: LOW TIDE
10:00am Tennis Preserve
Come explore the rocky coast! Seaweed, periwinkles and mussels. Where are they hiding? Clams, barnacles and limpets! What else is there? Who lives where and WHY?

TUES. JULY 23  ISLAND KAYAKING AND MEDICINAL PLANT WALK
8:00am-4:00pm Old Quarry Ocean Adventures
Spend a day kayaking and island hopping off the coast of Stonington with herbalist Brighid Doherty. Explore the delicate island ecosystems. Learn how to identify and use medicinal plants. Discuss island plant conservation and ethical foraging practices. Guided kayak to Russ or Green Island, with opportunity to swim in quarry. Meet at Old Quarry Adventures at 8:00 am to be outfitted with a kayak and gear. Group limited to 12. Tandem kayaks, gear and guide provided by OQA. Please bring bag lunch, towel and bathing suit. Cost: $180 per person.

SAT. JULY 27  ORIENTEERING FOR KIDS AND FAMILY ★
10:00am-1:00pm Mariners Memorial Park
Rain Date: Sun. July 28
See June 15 for details.

SAT. JULY 27  ANNUAL SHORE DINNER & BENEFIT AUCTION
4:00–8:00pm
Call IHT for ticket information: 348-2455. Support land conservation to Eagle Light Caretakers for lighthouse restoration, and to IHT. Includes round-trip boat fare, gratuity to Bobby Quinn, contributions to Eagle Light Caretakers for lighthouse restoration, and to IHT. Limited to 20 people. Fresh water and restroom facilities available at farmhouse or at two outhouses. Limited, free parking available on Dunham Point Road lot, marked by day-parking sign. Short walk to dock.

WED. AUG.  6  BOAT TRIP TO EAGLE ISLAND
Arrive 11:30am/return 4:00pm Deer Isle Yacht Club
Rain Date: Aug. 8
Half-day trip to beautiful Eagle Island in Penobscot Bay, on mail boat Katherine. Bobby Quinn, fifth generation of his family to live on Eagle, will be our guide. He will share the history of his family’s 200-year tenure on the island, show us the farm house, other buildings, and the cemetery. His knowledge of bay lore and fishing history is extensive. Be prepared for a 20-minute walk up hill from the dock to the lighthouse. Bring your lunch, water, walking shoes and sunscreen. Be prepared for changeable weather. Lunch will be on the farmhouse or lighthouse lawn, or on the beach, prior to the tour. Fee: $75, includes round-trip boat fare, gratuity to Bobby Quinn, contributions to Eagle Light Caretakers for lighthouse restoration, and to IHT.

TUES. AUG. 13  KIDS IN NATURE: TERRIFIC TREES AND SUPER SHRUBS
10:00am Shore Acres Preserve
Join Navigator, historian and retired professor Davida Kellogg for an orientation to the night sky with special attention to stars and other bodies used in celestial navigation. All ages welcome. Bring a flashlight, warm clothes. We must have a clear sky, so may postpone to one of rain/cloud dates.

SAT. AUG. 3  KIDS IN NATURE: INCREDIBLE INSECTS
10:00am Mariners Park
We will dive into the world of insects. Let’s look for ants, spittle bugs, grasshoppers, bees, crickets, and maybe even a praying mantis! Bug boxes and magnifying lenses will open our eyes to amazing tools of insect survival.

TUES. AUG. 6  BOAT TRIP TO EAGLE ISLAND
Arrive 11:30am/return 4:00pm Deer Isle Yacht Club
Rain Date: Aug. 8
Half-day trip to beautiful Eagle Island in Penobscot Bay, on mail boat Katherine. Bobby Quinn, fifth generation of his family to live on Eagle, will be our guide. He will share the history of his family’s 200-year tenure on the island, show us the farm house, other buildings, and the cemetery. His knowledge of bay lore and fishing history is extensive. Be prepared for a 20-minute walk up hill from the dock to the lighthouse. Bring your lunch, water, walking shoes and sunscreen. Be prepared for changeable weather. Lunch will be on the farmhouse or lighthouse lawn, or on the beach, prior to the tour. Fee: $75, includes round-trip boat fare, gratuity to Bobby Quinn, contributions to Eagle Light Caretakers for lighthouse restoration, and to IHT.

WED. AUG. 6  BACKCOUNTRY FIRE BUILDING
4:00pm IHT Barn and Yard
Bert Yankielun will discuss and demonstrate several techniques for safe, sustainable fire-building for camping and survival.

TUES. AUG. 13  KIDS IN NATURE: TERRIFIC TREES AND SUPER SHRUBS
10:00am Shore Acres Preserve
See July 2 for details.

WED. AUG. 14  SAFE, RESPONSIBLE AND SUSTAINABLE BACKCOUNTRY FIRE BUILDING
4:00pm IHT Barn and Yard
Bert Yankielun will discuss and demonstrate several techniques for safe, responsible and sustainable backcountry fire building.
Letterboxing

Island Heritage Trust is excited to share our Passport to the Preserves program with a collection of letterboxes at 10 of the Island’s preserves – a fun way to get the whole family out and hiking the trails. Letterboxes contain a unique stamp for each preserve, an ink pad, and a notebook for visitors to leave a note or to place their own stamp image.

To find our letterboxes, you just need to enjoy a walk on the trails and keep an eye out for the wooden letterbox and have your Passport ready to stamp! Passports are free and may be picked up at Island Heritage Trust’s Heritage House in Sunset (next to the Historical Society).

Bring your full passport to IHT to claim a prize and to enter a fall drawing.

SAT. SEPT. 21 MUSHROOM WALK ★
11:00am-1:00pm Shore Acres Preserve
David Porter, retired plant biologist with a specialty in mycology, will lead participants through Shore Acres to discover the rich variety of both edible and toxic mushrooms. A retired professor of plant biology at University of Georgia, Porter has offered programs through such organizations as Colloquy DownEast, Acadia National Park, and Maine Mycological Assoc.

$5.00 Suggested donations are welcomed at Walks & Talks to support broadened environmental programming.

Additional Walks & Talks may be added. Check our website, Facebook, call, or visit our office for updated information.

Don’t forget the NATURE SHOP, full of great wildlife guides, local maps, nature-inspired toys, and more!

For more information about programs, unless otherwise indicated, please call Island Heritage Trust at 348-2455; or email iht@islandheritagetrust.org

Support Island Heritage Trust...

Island Heritage Trust is a community-based, member supported organization that ensures access to and conservation of the natural beauty and resources of Deer Isle.

If you love what the Trust is doing, have a favorite preserve you regularly visit, or enjoy our Walks & Talks, please consider becoming a Luna Society member by signing up to donate monthly. It is a simple and meaningful way to extend your investment in the Trust’s work.

Visit www.islandheritagetrust.org, click on the “DONATE NOW” button and choose “Monthly.”